

Counseling/Support Resources

- ❖ New Leaf Professional Counseling (217) 549-8660
Mt. Zion, IL
Licensed Clinical Professional Counselor & Certified Alcohol and Drug Counselor
- ❖ Heritage Behavioral – Low income families (217) 362-6262
Decatur, IL
- ❖ St. Mary's Hospital - Behavioral Health (217) 464-2353
- ❖ Chestnut Health Systems 1-888-924- 3786
Bloomington, IL
- ❖ Gateway Alcohol & Drug Treatment Centers (217) 529-9266
Springfield, IL
- ❖ Advantage Counseling (217) 330-6963
Decatur, IL
- ❖ A & E Behavioral Health Counseling (217) 872-1003
Decatur, IL
- ❖ Growing Strong Sexual Assault (217) 428-0770
- ❖ Decatur Psychological Associates (217) 872-1700
Decatur, IL
- ❖ Alcoholics Anonymous www.mtzionumc.org/aa
Mt. Zion (other towns in the area are options too)
- ❖ Narcotics Anonymous 1-800-407-7195
St. Mary's & various locations in Decatur, IL
- ❖ Al-Anon/Al-Ateen (217) 423-8214
Decatur, IL
- ❖ National Suicide Prevention Hotline/Lifeline 1-800-273-TALK(8255)